



2023 - How to Prepare



READ ALL EMAILS/INSTRUCTIONS THOROUGHLY.

Then ask questions to your designated contact person before going to Instructors/Director.

AS YOU PREPARE, LABEL YOUR NAME ON EVERYTHING

(Costumes, shoes, tights, studio sweatshirts, other clothing, makeup, toys, electronics, all supplies you bring)

- Make sure to **remove all nail polish, temporary tattoos, and jewelry** before arriving.
- Basket / bag / container for all of the dancer's belongings, with name in large letters
- SHOES: *clean* white/pink and/or black shoes (depending on parts; [reference list by part here](#)) with *laces taped inside* (LABEL!)
- TIGHTS/UNDERGARMENTS: *new* pink tights (black tights will be provided w/ costume if dancer's part requires them; white boys' tights self-provided or reserve to borrow from SBDA Costume Dept.), nude leotard undergarment, **no underwear under your leo!!!**
- HAIR SUPPLIES: hairspray/gel, elastic bands, bobby/hair pins, hair nets, comb/brush, curlers/curling iron (if in party scene)
- COME WITH HAIR AND MAKEUP ALREADY DONE** (with the exception of character parts/adv. dancers who will be contacted 1:1 to make appointments w/ makeup team)
- MAKEUP: have necessary makeup & supplies as designated by list (to be emailed).
- SWEATS/COVERUPS: robe, warm sweater w/ zipper or front-opening buttons/snaps (not a pullover), sweat pants, legwarmers, slippers / warm boots
- HYDRATION: water only. **NO EATING IS PERMITTED IN COSTUME!**
No food in the theater's auditorium or on stage. If you bring snacks make sure they are "dry" snacks - no chocolate, cheetos or anything sticky.
- ACTIVITIES TO KEEP OCCUPIED BACKSTAGE: quiet activities – book, coloring, movie, etc.
- COMFORT: carpet/sleeping bag/blanket/pillow
- NO GLITTER! This means on hair pieces, tutus, clothes, makeup, etc.
- VOLUNTEERS: check in with your chair or Volunteer Coordinator to make sure you know where to be and when. **THANK YOU!**

What to expect when you arrive at the Mello Center in Watsonville.

(DRESS REHEARSAL Fri. 12/8/23)...

Please refer to this year's [Dress Rehearsal Schedule](#) for call times/specific details. Generally speaking, this is the flow of events and what to expect...

1. **Come with hair and makeup done!** LABEL all supplies from the checklist!
2. Follow signs to the check in door (the Library door at the back of the Mello Center on E. Beach Street. [Refer to the map here.](#))
We need to know that you/your dancer are present, as well as check bags.
3. Volunteers, check in with your Chair to get going.
4. Check In Runner will take your dancer backstage to their Wrangler, drop off "stuff," change into costume, and go to the audience to wait to take the cast picture.
Ballet 1 (Angels/Rosebuds): EACH DANCER MUST HAVE A FAMILY MEMBER ATTENDING BACKSTAGE AT ALL TIMES.
5. AD Cast Picture
6. If you are in the AD cast... we will run the Angel dance first.
If you are an angel, you need to get into that costume.
7. All AD Rosebuds get in costume. We will run the Waltz of the Flower next.
8. All dancers who were *only* in Rosebud / Angel can go home.
Everyone else... We will run the entire AD show from start to finish.
9. Repeat everything for BC Cast (run Angel & Flower first, take Cast Photo #2).
10. Go home and ***check email*** for Polish Rehearsals that *may* be called at the venue Saturday morning on that first show day.

Show Day Recommendations:

- Come with hair and makeup done!! This eliminates the stress backstage!
- Bring warm clothing and practice attire for rehearsals/backstage/warming up.
- **FOOD:**
 - ◆ IF you bring your own food, no food is allowed to be eaten in costume!
 - ◆ Door Dash/Uber Eats or packed food is recommended; not much time to go out to eat and get back in time for Show B/D on Saturday/Sunday, respectively